Dripping Springs Elementary School Menu 2018-2019

	LUNCH Student: \$2.75 Reduced: \$.40 Adult/Visitor: \$3.50 Entrée only: \$2.25 Baked Potato with Sides and Fresh Seasonal Fruit Offered Every Day!					WHAT MAKES A MEAL? For Lunch choose up to: 1 Meat/Meat Alternative
CYCLE 1	MONDAY Hamburger/Cheeseburger Cheese Lasagna Roll-Up Whole Grain Breadstick Seasoned Corn Hamburger Salad Pineapple Tidbits Seasonal Fresh Fruit	TUESDAY Beef Tacos – Soft or Crispy Beef Taco Salad Baked Chicken Nuggets Healthy Refried Beans Fresh Homemade Salsa Sliced Chilled Peaches Seasonal Fresh Fruit	WEDNESDAY Fresh Made Pizza w/Assorted Toppings WG Turkey Mini Corndogs Carrot Babies w/Ranch Fresh Spinach Salad Chilled Mandarin Oranges Seasonal Fresh Fruit	THURSDAY Chicken Breast Sandwich Toasted Sub Sandwich Chicken & Waffle Baked Smiley Fries Steamed Broccoli Chilled Applesauce Seasonal Fresh Fruit	FRIDAY Baked Fish Shapes Pizza Lunch & Munch Macaroni & Cheese Baked Beans Lettuce & Tomato Salad Chilled Pears Seasonal Fresh Fruit	3 servings Fruits or Vegetables 1 serving of Grain/Bread & Milk <u>For Vegetarian Meal:</u> 4 servings Fruits or Vegetables 1 serving of Grain/Bread & Milk <u>For Breakfast:</u> 1 Meat & 1 Bread or 2 Breads Juice or Fruit & Milk <u>Served Everyday at Breakfast:</u> Fruit & 100% Fruit Juice Yogurt – Aspartame & HFC Free Whole Grain Low Sugar Cereal
C Y C L E 2	Hamburger/Cheeseburger Spaghetti & Meat Sauce w/WG Breadstick "Wild Mike's" Cheese Bites Seasoned Green Beans Hamburger Salad Sliced Chilled Peaches	of Aug. 20, Sept. 17, Oct. 15 All Natural Chicken Burritos Assorted Quesadillas Baked Chicken Nuggets Broccoli w/Cheese Sauce Carrot Babies w/Ranch Chilled Pears Seasonal Fresh Fruit	Fresh Made Pizza w/Assorted Toppings Baked Chicken Tenders Whole Grain Breadstick Mashed Potatoes/Corn Fresh Spinach Salad Chilled Mandarin Oranges	BBQ Beef Brisket Sandwich Asian or Teriyaki Chicken Mini Eggroll Baked Waffle Fries Peas & Carrot Medley Pineapple Tidbits Seasonal Fresh Fruit) Assorted Pancakes w/Sausage & Eggs Grilled Cheese Sandwich Assorted Soups Hash Brown Potatoes Fresh Spinach Salad Seasonal Fresh Fruit	Whole Wheat Toast/Plain or Cinnamo Student Breakfast: \$1.35 Reduced: \$.30 Adult/Visitor: \$1.90 Entrée only: \$1.00 DOWNLOAD OUR <u>FREE</u> APP TODAY
C Y C L E		of Aug. 27, Sept. 24, Oct. 22 Beef Tacos – Soft or Crispy Beef Taco Salad Baked Chicken Nuggets Healthy Refried Beans Fresh Homemade Salsa Lettuce & Tomato Salad Chilled Applesauce	, Nov. 26, Jan. 7, Feb. 4, Ma Fresh Made Pizza w/Assorted Toppings Chicken & Waffle Seasoned Green Beans Crunchy Vegetable Dippers Fresh Spinach Salad Chilled Mandarin Oranges	rch 4, April 8, May 6) Chicken Breast Sandwich Toasted Sub Sandwich Sausage Wraps Baked Smiley Fries Seasoned Peas/Salad Pineapple Tidbits Seasonal Fresh Fruit	Baked Fish Shapes w/Roll Yogurt & Sunbutter Pack WG Turkey Mini Corndogs Cheese Nachos Baked Beans Carrot Babies w/Ranch Sliced Chilled Peaches	See your menus on the Web dsisd.nutrislice.com
з С С L E	(CYCLE 3 - Served the Week Hamburger/Cheeseburger Cheese Ravioli w/WG Breadstick "Wild Mike's" Cheese Bites Seasoned Green Beans Hamburger Salad Sliced Chilled Peaches	of Sept. 3, Oct. 1, 29, Dec. 3 Bean & Cheese Chalupas Chili & Cheese Burritos Baked Chicken Nuggets Seasoned Corn Lettuce & Tomato Salad Chilled Pears Seasonal Fresh Fruit	, Jan. 14, Feb. 11, March 11 Fresh Made Pizza w/Assorted Toppings Baked Chicken Tenders Mashed Potatoes w/Gravy Roasted Cauliflower Caesar Side Salad Chilled Mandarin Oranges	, April 15, May 13) Chicken Breast Sandwich Asian Chicken Mini Eggroll Baked Tator Tots Peas & Carrot Medley Pineapple Tidbits Seasonal Fresh Fruit	Assorted Pancakes w/Sausage & Eggs Assorted Quesadillas All Beef Frankfurter Hash Brown Potatoes Carrot Babies w/Ranch Chilled Applesauce	Cooperation Cooper
4 REAKI		of Sept. 10, Oct. 8, Nov. 5, D		rch 25, April 22, May 20)	cuit Sandwich/Cinnamon Roll	Nanci Freeborg – CN Supervisor (512)858–3048 nanci.freeborg@dsisdtx. Danette Contreras – CN Admin. Asst. (512)858–3057 danette.contreras@dsisdtx.

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